



Zindagi
Aa Reha Hoon Main...

...through the galleries of
Sunbeam LAHARTARA

... a special issue of Sunbeam **Lahartara Times** dedicated to **OUTGOING BATCH OF CLASS XII - 2022-23**



I want to implore my dear outgoing students to always see yourselves as good ambassadors of the school. Do not allow selfish interest to blemish the integrity you have nurtured over the years in this wonderful institution. Be kind and good to people you meet on your way up.

Deepak Madhok, Chairman

You are at an important milestone today of your school life. From here on, you will only soar higher in your personal and professional career. Do remember that the way percentages are important in your career, in the same way 'values' hold a very important place in your life. I wish that all of you achieve a great distinction in life and make your Alma mater proud!

Bharti Madhok, Director



I strongly believe that success is for those who crave for it and success will come your way through your hard work and sheer grit and determination. Challenges will come in your way and opportunities will knock your door. You must be ready to grab it and take its full advantage. Always have confidence and faith in you. Do not let nervousness overpower your strife. You are about to take a new responsibility. Best of luck for your new journey! Go, conquer the world!!

Amrita Burman, Deputy Director

You are fortunate to be an important and integral part of young India. This competitive world will give you immense opportunities to create a niche for yourself. Make your future bright with a decisive approach. Firm determination and diligence will help you achieve your goals. Wishing you lots of luck and good wishes for your future.

Harsh Madhok, Honorary Director,



As you stand on the threshold of the end of your school life. I would like to go with the belief that we, as a school, have been able to equip you with the skills that will make you confident global citizens with the vision that will take you beyond the horizons; because for you, as I see, the sky can never be the limit. Let your JOSH stay high for ever and may your success stories reverberate into the corridors of your Alma Mater. All the best!!

Aditya Choudhury, Dean, Academics & Innovation

As you leave the four walls of this school, this community and family, it is only appropriate that we bid you adieu with the message that we hope you learn to be yourself always-no matter what the circumstances; be principled and be worthy of trust cultivate the virtue of patience; never be too much in a hurry. When your karma is aligned to your dharma, the results will be liberating. That's what I see in all of you-know-what glowing with excellence in whatever domain you are in.

Perveen Quaiser, Principal, Sunbeam Lahartara



We will leave Lahartara but Lahartara will stay in us...

...in the form of a bittersweet memory. Separated from our lovely DAYDREAMS AND PIN DROP SILENCE. It is hard to say goodbye because now it's our family for 14 year's.

Vani Jaiswal - XII-F



..... in the form of our old friend who is just like a diamond with whom the friendship is timeless and unbreakable.

Anubha Singh XII-B



...in the form of numerous memories, in the form of numerous learnings, in the form of numerous laughter sessions. Taking all these memories in a bunch and Lahartara will remain forever.

-Shivangi Singh XII-F



.... in the form of our second home, the second family we got here. Thank you Lahartara for bringing the best teachers, mentors and friends to us!

Roshni Srivastava- XII-B

We will leave Lahartara but the values it has instilled in me will last for a very long time. All of my teachers and peers have taught me something that is absolutely immeasurable and cannot be expressed in words. I'll always be thankful for teaching me the man I can become one day.

Shivansh Mehrotra - XII-D



..... in us in the form of the learning and memories. My funniest memory of being a sunbeam is the 2019 terrorist attack drill, it was epic !!!

Samridhhi Singh - XII-C



....in the form of solutions to our problems, happiness after grief, and friends who are always behind us supporting, directly or indirectly.

Akansha Jain XII-B



....in the form of a chapter in our book, the introductory chapter which introduced us to the mechanisms of the world, I will always cherish it and so would everybody else.

- Kartik Rupani - XII-D



in the form of Light in darkness of failure and it will be the change in us towards good.

Hardik - XII-B



...in the form of my entire childhood. I've been in this school for fourteen years and it has been like a second home to me for all these years. I'm leaving my school with a heart full of gratitude, nostalgia and love and I will forever cherish the memories created here.

Kanishka Singh - XII-D



.... in the form of endearing and marvelous people who supported us day and night, people who were solutions to our every problem, be it friends,

teachers or co-workers. Our journey has been filled with way more memories that will last with us forever!!

Maaz XII-B



.... like a beautiful train journey, where we have made blissful, cherishable and unforgettable memories which will always stay with us. Every inch of Lahartara has some or the other memory, which will always remain in our heart. Being a true blue sunbeam I have seen Lahartara changing and growing since 15 years, from a tin shade auditorium to a fancy auditorium named GUNJAN.

Gyanvi Jaiswal - XII-D



We will leave Lahartara but Lahartara will stay within us. 12 years....(sigh) have passed like moments just few minutes ago, from playing in games period to playing for school... Basketball has given me that respect and it will always have a special place in my heart. From recess chit-chats to amazing lessons to participating in events to fighting with and for friends to even waking up early in morning.... really have given me so many memories to cherish. And to end this with psyched quiz has been a cherry on the top. See thismy second home has transformed me like crazy..and for the BEST! All thanks to my great teachers and loving friends.

#Gratitude #BleedLahartaraForever

Ishita S. Prakash - XII-B

...in the form of incomparable memories I made every single day and how it sheltered my individuality and became a treasure which gave me invaluable joy.

Adita Vaslas - XII-D



....in the form of our home where we learned to read, write, play, dance, sing and so many other things which can't be pen down in just a small paragraph. In chemistry we say that when the two atoms are separated by a distance then their bond strength decreases but here our bond with our teachers and friends will remain same the way it is because of love and respect towards them. My hand shivers when I pen down this phenomenal journey of 13 years when we began from A for Apple and B for Ball and ending the chapter at C for choice and D for Determination. We are going to miss our school but at the same time we will be a proud SUNBEAM !

Shivani Srivastava - XII-B



.... in the form of our childhood friend who are unforgettable. Not all goodbyes are sad, for example 'Jai hind students, we continue in next class!' where the bell rings. But for such these goodbyes are gonna be saddest as we'll no be able to meet daily and gossip after ever class finishes!!!

Tarun Chaudhary - XII-B

... in the form of 'Sprinting to Spandan, inhaling the Impetus air, and coming exactly two minutes late from the canteen for its a silly joy that shall always keep me young- as young as a sunbeam.'

-Alisha Pranju - XII-F



.... as a habit, the good morning and jai hind trend will continue even after school no matter where we go. Thinking of leaving this place forever brings me tears always but every journey has to end one day so that new journey can begin. The confidence which this school has provided to its students is one of the reason we all will remember this place apart from memories and people. Thus we will keep coming and meeting our old friend no matter what goes in life

Asifa - XII-B

....in the form of our best childhood memories we ever made ! Best life lessons we ever got ! Best place to escape our home every morning and now this journey of 15 years comes to an end but these years and this place will always be very close to my heart !

Sneha Singh - XII-B



....in the form of those lessons which made us a good human being, always encouraged us to be the brave confident self! Not only have I enjoyed my school life, but I have also gained experience necessary to face the coming challenges in life and of course I will cherish all those moments spent with my friends, all those endless conversation and laughter we shared!

Shreya Kumari - XII-B

... in the way we behave, the way we act, the way we lead our lives, Lahartara will stay with us forever as our way of life and we will always remember Lahartara as our home outside our homes.

Ayush Pandey



...in the form of our memories that we created with teaches and friends, which will hold a very special place in our hearts forever. The friendly and supportive environmentthe entertaining classes we got are just very precious. Lahartara not only gave me skills but also some amazing friends. Though we'll be leaving school, but I'm sure it's not gonna be our last good-bye. Those laughs will be

missed, for sure, we are going to miss all our precious memories. Specially the chorus laughs would be missed...as in class 12th 60% of the total time we used to make fun of each other and laugh like a maniac!

- Aastha Suman

.... in the form of memories of crazy classroom activities and incredible school performances will always remind us of our happy school days. It will be very difficult to replace your guidance and will always remember your teachings. It has been an elementary foundation that has shaped me over the years. I will always be grateful to my



friends and whole sunbeam group for helping me to develop my personality and grow as an independent individual who is ready to face new challenges in life.

- Chandni Patel

... in the form of our home where we talk share learn things together with our friends Lahartara will always be our second home where we can come anytime we want to. We leave this home but it's memories will stay alive in our hearts forever. Thank you Lahartara for being our support system always and have faith and believe in us every time.

- Vaishnavi Gupta



Sunbeam, just like the literal meaning of its name, has very successfully helped me develop. Develop holistically, by driving away darkness and guiding me to the path of betterment and improvement, be it in any field. My journey at Sunbeam has been a roller coaster ride, with its fair share of motivating ups, and inspirational downs. Be it winning various photography competitions under the much-needed guidance of Ragini Ma'am and Manish Sir, participating in multiple round squares and workshops to hone and develop skills, and getting published in an actual book; to taking part in competitions and not winning a prize, but a whole lot of knowledge and experience. Sunbeam provided me with everything a child needs to become a man. When my mind would find excuses to leave opportunities, letting my stage fright get hold of me, there would be Sunbeam Lahartara's constant push, showing me a way out of my comfort zone, and preparing me for the world outside. Well Sunbeam, thanks to you I now have a set of skills that will aid me if and when life hits me the hardest. Lahartara, I am going to miss every bit of you; the classes, the corridors, the multiple yet individually unique halls, and especially my teachers, friends, and support staff. I'll miss you, and I promise to one day be able to make you proud. I will not be able to easily accept the fact that my time at Sunbeam will soon be over. The place which took me from being the one who is organized, to becoming someone who organizes. From applauding others on winning prizes, to be the one who wins them, Sunbeam taught me to never give up. Jai Hind!

- Aditya Gupta, Hostel Representative



It's hard to believe that it's time for me to leave. It is hard to accept the idea of leaving the place I cherish the most, the place which has given me "a better version of myself", the place which taught me a zillion things. From doing macarena in the corridors to converting simple things into art installations, From Aditya Sir being my support system to Sanghmitra ma'am doing justice to the title of my "Unpaid therapist", from Mukesh Sir's "Aaj kaunsa event hai" to Vishnu Sir's "Jai Hind Celebrities" I will miss all of it.

People often referred to "Sunbeam Lahartara" as their second home, but I would say that it was already my home back then when I first arrived here in 2013 and continues to be so even now, in 2023.

One regret I have as I leave this school is that it took me a while to discover where I truly belong but at the end a part of me will always belong to Sunbeam Lahartara!!

Rishika Singh

Social Emotional Well Being Head



It seemed like yesterday when we welcomed you and taught you how to make Triangles and today you all are capable enough to define theories about it.

To us everything feels to end so quickly because we have seen you grow and took pride in every milestone you acquired in your journey. Well eventually caterpillars fly too, don't they?

You are not who you are YET. Remember, you're more than your name, more than your grades. Therefore, never settle. Do not settle unless you have achieved greatness. Make sure you make Some homecomings in the journey of your life. All the best!

- Sanghmitra Jaiswal
Vice Principal
Sunbeam Lahartara



THEN
&
NOW



"I don't want to repeat my innocence. I want the pleasure of losing it again."

"School time ends but the memories last forever"



It just seems like yesterday, when I stepped into this school with tears in my eyes and not willing to enter the school. It is today that I still

have tears in my eyes but am not willing to leave the school. "Farewell" has been a time for which everyone waits eagerly and so I have been but today when I am at this position, it is not the excitement but a feeling of reminiscing and remembering those 'Good Old Days.' It will be very tough for me to embrace what I will miss the most about Lahartara. The place which taught me two of the hardest things as it taught me to say hello for the first time and today as I leave this place behind, it taught me how to say goodbye.

I will miss the recess when gossiping was equally important as eating each other's riffs.

I will miss the times when it was very challenging for us to control our laughter in a class full of pin-drop silence.

I will miss fighting over silly things. I will

miss the ringing of the bell which sometimes became our saviours.

I will miss the free periods or the arrangement periods which came as a heaven to us. But I will also miss those periods which gave us life lessons.

I will miss all the teachers who taught me the chapters of the book. But I will also miss those teachers who taught me chapters of life.

Most importantly, I will miss rainbow, Shiamak, MUNs, Round Squares, thought conclaves and various other competitions which were the toppings added to my pizza base.

Those days are near when we will be walking out of those classrooms for the last time, when we will be walking out of those corridors for the last time and when we will be wearing that uniform for the last as once we take it off, we will never wear it again.

I walked in with a heavy bag, I walked out with a heavy heart. I may no more be a part of Lahartara but LAHARTARA will always and forever be a part of me...!!!!!!

Shriyadita Choudhury
Head Internationalism



School time end but memories last forever.

Today I feel I am burdened with memories, memories for lifetime memories I would never forget.

LAHARTARA has made me what

am and who I am today.

I entered the school as Nishtha and today I am leaving as Shreya though I am still recognised as Nishtha. I can proudly say I am surely not the same. LAHARTARA had seen me grow and change for good, my highs my lows Lahartara has seen my fall and also my rise.

I'll miss laughing, teasing, annoying my friends. I'll miss meeting new classmates, class discussions, class project, class assembly I'll miss everyone and everything. I'll miss my LTA classes, I'll miss NCC parades, practices, National anthem commands, I'll miss leading the NCC contingent on republic day, guest escorts on independence day, I'll miss the silence in our class just because we got to know RK sir was on round, I'll miss making new friends who are more like a family, I'll miss going to 9-C during recess because most of my friends were in that section. I'll miss everything and every bit of LAHARTARA.

Shreya Singh
NCC Head



Be it the morning assemblies, the undone homework and assignments, the monitor or rather the 'man-eater' of the class, the class projects, the soft board, the outside-board in charge who truly justified his/her position the inter-house competitions the 'learning expeditions' aka picnics or the new books and

notebooks, the excitement to meet the new class teacher and some new faces at the start of a session, the first day of school and finally this last one! Life brings tears, smiles and memories. The tears dry, the smiles fade, but the memories, they last forever. It is rightly said that a moment lasts all of a second, but the memory stays forever, and there have been such crazy and emotional moments of me, my friends, my teachers which are unforgettable and unimaginable! From wandering in corridors uselessly, to sneaking in the assembly unseen when late, from attending extra classes to begging for a games period from our block heads, from attending online classes (which definitely was a long and arduous task for our batch!) to 'tackling' the network glitches, we have done it all and finally come to the end of this beautiful, expeditious, incredible and a perfectly imperfect journey! Not forgetting to mention about my guardian angel who has always been a constant source of motivation for me, Aditya Sir, one of the quotes that he once said in one of those prominent assemblies "Winners do not do different things, rather, they do things differently" has been with me on my room's walls, my study table, my social media handles and most importantly myself. These 12 years at Sunbeam have given me a treasure full of values, learnings, life lessons and memories which I can always open when sad, a treasure of mentors whom I can walk up to and share the good and the bad experiences, a treasure of friends.

Thank You Sunbeam Lahartara, I owe you a lot!
- **Priyanshi Yadav**, Love House Captain

The institution where it all began, the institution which transformed me and the institution which will always reside in my heart. I started my journey here as a broken soul, as someone who never knew what opportunities and growth meant, but now as I bid adieu to this institution I can proudly say that I am healed, I have grasped every single opportunity which Lahartara gave me and made me who I am today which is, A Leader.

I'll miss every inch and every corner of this school because this school selected me, it gave me the platform and it gave me the road to success. I'll miss walking in the corridors of this school, I'll miss how happy we would get whenever we had to go to Spandan for different sessions knowing that our further classes will be cancelled. I'll miss those round squares, those student council meetings, organising events and my basketball matches. I'll miss my house, hope house. But most importantly I'll miss this feeling of being in a school which felt more like a second home to me.

So I thank you Lahartara from the bottom of my heart for believing in me; raising me and transforming me into this strong, capable and independent version. Thank you for everything.

- **Navya Singh**, Hope House Captain



One day I was scrolling my social media and I saw this line "you won't realize the value of something or someone until it's gone" this line directly connected me to my school life. Until now, we were playing, enjoying, and giving our pre-board exams without any single realization that within a few months, our school life will end forever. I still remember the day when I was shifted from Annapurna to Lahartara and how much I cried. I never thought the girl who is crying about not coming to school will someday cry about leaving the school. From junior assembly to senior assembly. From standing in line with other kids to standing behind the stage. From choir to competitions. From being called the girl who cries every time to being called Captain joy house, my journey in Lahartara has been full of joy, laughter, and tears, "Shraddha bring your conch" the lines which my ears will miss to listen. I will miss blowing conch in the assembly, I will miss making announcements, and I will miss those challenging yet happy days of intense practice during events and competitions because we won't be getting to live those moments ever after this school life. These are just to name a few I will miss everything an every moment I lived and cherished in my 15 years of schooling. I always used to make an imaginary farewell speech in my mind but now when I am writing it I am unable to describe it in words. True that my school life is ending but the memories will always be there in me. I am leaving but the skills I learned here will always help me in the future. I am leaving but the JAI hind will always be there in me, my school life is ending but SUNBEAM will always be there with me...

Shraddha Mishra, Joy House Captain



I leave behind in my will the zeal to always explore beyond what is considered 'ok' and what is considered 'taboo'. The right to express oneself truly, individually, freely and beautifully is one thing that I wish will always constitute every sunbeam just like me. Being inclusive and equal yet beautifully different is one quality that I wish to leave behind in my will for the upcoming sunbeams. And, above all having respect for everyone and saying "JaiHind" whenever we pass by a teacher or support staff. I have been Sunbeam for as long as I remember and now that this chapter comes to an end, it feels wonderful to experience my own development over time from being a goofy little kid, to a shy kid, to a studious kid, to a well-around intellectual and developed kid. I feel happy in the least and excited to explore my interests even more. And I will never forget "Years and miles will take us away to find our fortunes one fine day but in our hearts we will never forget the sunbeam of our childhood days". With that, Thank you and Jai Hind Everyone.



- **Shashwat Jaiswal**, MUN Secretary

It's sinking in- the fact that we're actually writing our farewell message. Trust me, I don't know how to even begin articulating what I'll miss the most about Lahartara. There are innumerable things, innumerable people and innumerable memories in each and every corner of Sunbeam Lahartara. This is the place where I laughed, cried, got angry, broke friendships, made friendships and all the other feelings that I just can't put into words. What I'll miss about this place? Everything. The lows and the highs I faced made me a stronger and a wiser person. The opportunities I got here helped me find my passion and niche. I remember walking up on stage and speaking unknown facts that were written at the back of our Classmate notebooks. And that's when I knew, I loved the mic, the stage and the spotlight. But more than that, I'll miss the people I found here. The ones who unexpectedly became my reasons for laughter and happiness. I'll miss "missing" classes for events, laughing in the corridors, cracking lame jokes and let's be honest, gossiping with close ones. Sunbeam Lahartara is not just a school for me, it's a feeling that I'm still experiencing. My journey here has ended but I hope to leave a mark of my own. Till then, thank you and jai hind!

- **Aradhya Sharma**, Literary Head



1 4 years of waking up to the same schedule and the same faces. Our lives are going to take a 360-degree turn in no time. Teachers like parents, friends like family will now diverge along different paths and who knows who we are seeing for the last time.

When we were to come to Lahartara from Annapurna, we were beginners here, but in just a year we stepped up as the senior most batch. I am saying so because we have been unlucky enough to have given up two precious years of our school lives to Covid.

I yearn to relive the council member meetings, going to school by bus, many hands in a single tiffin box, struggling to keep my eyes open during classes, running back to our seats immediately after the teacher entered, and so many more moments again.

The school corridor will now be silenced by everyday gossips between friends that would be heard no more.

A big thank you and best wishes to everyone who has left an imprint in my school life.

Little did we realise and the most beautiful era of our lives ended. Time flies and we are no exception.

Purvi Lath, Discipline Head



Message from Head Boy



Ayushman Dubey, serving as the Head Boy for the academic session 2022-23, find it to be the highest degree of honor to express my thoughts on the dawn of a new journey we are all going to embark on. As we are all set to step on our paths which lead to our own individual versions of glory, and if luck be, might meet again on the other end, it is also the time when we cease our thumping steps towards the future for a while, look back at the journey we have had and cherish the memories, giggle and grin on our silly mistakes and most importantly, compile the learnings as an impetus to the journey that lies ahead. And as I do so, I find my schooling journey to be a tale that seems to imbibe every aspect, every dimension and every meaning that could possibly be weaved from the word - GRATIFYING. 4 years back, when I stepped in the premises of Sunbeam Lahartara for the very first time, I was initially skeptical of what was to come my way, a thousand questions of uncertainty raced through my mind. But today, as I turn the pages of my "sunbeam story", I can truly and proudly exclaim it to be the root of all the amazing things that have ever happened to me. Today, as I pen down the "farewell message", I cannot hold myself back from bustling with pride to have held the flag of Sunbeam Lahartara high on places which turned out to be much more than what I ever imagined. Sunbeam Lahartara has given me reasons to smile and feel content; the school has been a platform where I finally broke the shackles of neglect, where I finally beheld the best of myself and obviously, where I finally saw my parents smile and cherish my deeds. Wherever I went, I went with the spirit of representing my school and almost alike fellow mates and thus, it was always crucial to never let them down and this remains to be amongst those paramount feelings that I wish to continue further, even in other streams of professional life that I will embrace in the future. But above everything, the credits of making my journey a beautiful and cherishable one goes to not the reel but the real heroes of my life - Teachers, Parents and Friends. If I am penning this message today, it's all because of their backing even after I failed; their guidance whenever I lost the righteous way and their unconditional love. It was their applause that my ears craved to hear and their smile my eyes craved to see first whenever I did something I myself could be proud of. The possibility of gaining unanimity rises in leaps and bounds when I say, "If only the journey could've lasted a bit longer", but it's also true that we won't ever get enough of it and hence, it's important for us to aim a long way ahead, carrying the zeal of our lovely journey along with a will, powerful enough to make a mark for ourselves in the ocean of opportunities that lies in the near future, for we not only carry the hopes of ourselves but also the possibilities of seeing our parents smile and importantly, the sunbeam of our childhood days shall always reside in our hearts with no exceptions to the voyages we embark and hence, we ought to make them proud, all at once. I remain eternally thankful to Sunbeam Lahartara for having taught a young kid to dream and importantly, to turn them true.

- Ayushman Dubey
(Head Boy)

Message from Head Prefect



I had been to two branches of sunbeam before Sunbeam Lahartara embraced me hard and never let me go anywhere else. 7 years back when I stepped into Lahartara, I didn't know that time would fly this fast and I will land up writing my farewell message, precisely my "will". My will, which is composed of all the ethos that were engrained into me- knowingly or unknowingly. So, I will leave behind in my will, acceptance. The moment I entered Lahartara, it welcomed me with open arms and guess what, I did the same. It taught me that all that you want and all that you can give someone is acceptance. The support staff, the teachers, my classmates-each one of them accepted me the way I am. The other most important thing that I write in my will today is the passion to try anything and everything new. Be it debating, quizzing, writing, performing "the third form of theatre" or going all the way to Japan. The very first lesson I was taught, was to explore. And the next lesson was on learning. Learning from books, from people, from places and situations. Believe me when I write, I was build, block by block, piece by piece. I was taught the significance of having an opinion and voicing it. I was taught that leaders aren't born, but are made. I was taught how okay it is, to dream big. And now, as I stand at the threshold of my new journey both as a college student and an adult- I wish to pass all my learnings, my mistakes, my improvements, my ideas and everything to my juniors. I wish, I could go on writing this message forever, but since its parting time, I would end with the word which Sunbeam added to my vocabulary. Jai Hind!

- Rishita Singh,
Head Prefect

Message from Head Girl



To the reader of this newsletter, Words you just read and/or will read are not mere words. Written with a heavy heart and teary eyes, it was this batch's feeble attempt at saying goodbye. To sum up all that has been said, seen, heard and felt - Lahartara, it is not so easy to rub us off your shoulders, afterall our teachers have taught us to leave a mark wherever we go. And this is the very place we learnt it, so we are not willing for the sunbeam in us to let go. Out of all that was inculcated in us We leave behind at our second home, trust- Trust in our people and ourselves Guts - To be ourselves, without filters and covers To be above what is normal and to discover In our weirdness and monochromes- beauty of all colors We leave behind Acceptance, love and warmth To know that worthy of it all are both butterflies and moths. To know that what we know might not always be right To face darkness with our own lights We leave behind an array of rays Helping you see another perspective from the sunbeam of our days We leave behind a feeble goodbye and a mighty promise To make the cementers of our character proud of who we become. The uncertainty of tomorrow makes our hearts quiver But the faith of our teachers. Makes the path clearer: We leave behind A part of us Not perfect. Not all good. Not flawless. Infact flawed just the right amount to make sarcasms when life gets tough, the right tactics when its time to bluff, the strongest will when things start to get rough and the right intentions at all times. So we leave a sunbeam Lahartara carved out of us.

- Rutvi Mahendra
(Head Girl)

