



Estd. 1972

**Sunbeam**  
**VARUNA**  
School & Hostel  
Varanasi



# Making Waves...

**A CHRONICLE BY SUNBEAM VARUNA**

March Edition



Dear Sunbeam Varuna Family,

In the realm of education, where the mind is not a vessel to be filled but a flame waiting to be ignited, I extend my deepest gratitude to the devoted staff and students of Sunbeam School Varuna. Across all faculties, their commitment to diverse means of expression has created an enriching atmosphere where ideas flourish, and learning becomes a profound journey.

**A Symphony of Ideas:**

As we traverse the intricate journey of learning, the paramount role of expressing thoughts comes to the forefront. It is a harmonious symphony where every note begins with a spark of an idea. My appreciation resonates with the vibrant community that nurtures an environment promoting the free flow of ideas, inspiring minds to explore and articulate their unique perspectives.

**Beyond Classroom Confines:**

Just as our nurturing mother earth abundantly provides, learning at Sunbeam goes beyond the traditional confines of schools and colleges. It is a lifelong process intricately woven into the fabric of shaping each child comprehensively. Our school is not merely an institution; it is a dynamic space fostering intellectual, emotional, and social growth.

**Adapting to the Winds of Change:**

In the face of dynamic shifts in our world, Sunbeam School Varuna stands as a beacon of adaptability. We gracefully embrace change, adjusting our methods to align with the evolving educational landscape. At the heart of our endeavors lies the holistic formation of a child, driven by a shared vision, responsibility, and, above all, love and faith in our common goals.

**Reflection on Educational Philosophy:**

Amidst the ever-changing milieu, it is imperative for educators to pause and reflect on the essence of the educational system. Sunbeam Varuna School & Hostel, guided by foresight, ensures a well-balanced curriculum that goes beyond mere technological advancements. Our commitment extends to instilling moral values and principles, fostering character development alongside academic excellence.

**Guiding with Purpose:**

We take immense pride in our role as nurturers, guiding students to evolve into conscientious and compassionate citizens. Beyond academic achievements, our focus is on preparing them to navigate life's challenges with resilience, integrity, and a profound sense of purpose.

As we continue this journey of cultivating brilliance and compassion, let us celebrate the values that define Sunbeam School Varuna. May our school always be a beacon of inspiration, where every learner discovers the joy and depth of lifelong learning.

Principal

**Dr. Anupama Mishra**

## \* Farewell Ceremony for KGII Students\*

Today, Sunbeam School Varuna organized a heartfelt Farewell Ceremony for our beloved KGII students, symbolizing the culmination of their early schooling journey. The ceremony commenced with a delightful array of vibrant dance performances, setting a joyful tone for the event. Following this, heart-touching class videos were showcased, capturing the memorable moments and significant achievements of our young learners. Amidst an atmosphere filled with nostalgia and pride, the class teachers presented their heartfelt reports, sharing touching anecdotes and reflecting on the remarkable progress of each student. Their words fostered a sense of appreciation and encouragement among both students and parents alike. As the ceremony drew to a close, heartfelt good wishes and blessings were bestowed upon the graduating Kindergarten class, signaling the beginning of their journey towards a bright and promising future. Sunbeam School Varuna takes immense pride in nurturing and guiding our students, and we extend our warmest congratulations to the KGII graduates as they embark on their next chapter of academic and personal growth.



## **\*Celebrating the Unveiling of SPHURTI: A New Chapter in Sporting Excellence\***

Under the radiant sky and amidst the contagious smiles of our young athletes, the grand inauguration of the newly renovated basketball court, SPHURTI, was a resounding success. Bathed in the gentle caress of the sun, SPHURTI stands as a symbol of unity and athleticism within our school community. Cheers filled the air as Deputy Director, Ms. Amrita Burman, took the first dribble, signaling the dawn of a new era in sporting prowess. Surrounded by eager young basketball enthusiasts, SPHURTI eagerly awaits the commencement of games, ready to witness the thrill of competition and the thunderous applause of our enthusiastic audience. As we bask in the glory of this achievement, let us look forward to the upcoming SPARDHA, where our spirit of sportsmanship will shine once again. Stay tuned for more updates and exciting events as we continue to foster a culture of excellence and camaraderie in our school's sporting arena!



## \*Extravaganza at Sunbeam Varuna: A Day of Laughter and Wonder!\*

The halls of Sunbeam Varuna were alive with laughter, wonder, and magical moments as Mr. Aditya Raina, the renowned Magician and Illusionist, graced our school's MPH (Ninaad) with a grand Magic Show! From Nursery to class 2, our young audience was enthralled as they experienced an unforgettable performance filled with captivating illusions and enchanting magic tricks. Mr. Aditya Raina's mesmerizing performance not only entertained but also educated our students, who eagerly soaked in the secrets behind some of the most intriguing tricks. It was a day where imagination soared, and smiles lit up every corner of the auditorium. We extend our heartfelt gratitude to Mr. Aditya Raina for sharing his talent and magic with us, making this event a truly unforgettable experience for our students. Let us continue to cherish the magical moments and look forward to more enriching experiences ahead at Sunbeam Varuna!



**\*Celebrating Mrs. Bharti Madhok: Recipient of the 'Inspiring Women in Education Award 2024'\***

We are thrilled to extend our heartfelt congratulations to our esteemed director, Mrs. Bharti Madhok, for being honored with the prestigious 'Inspiring Women in Education Award 2024' by Education Today. This esteemed recognition celebrates Mrs. Madhok's exceptional contributions to the field of education, her dedication to the upliftment of women in society, and her philanthropic endeavors, including her invaluable work at Sunbeam Gramin School. Mrs. Madhok's life story serves as a beacon of inspiration for us all, showcasing the transformative power of mentorship and leadership. Her unwavering commitment to education and empowerment has touched countless lives and continues to inspire positive change in our community. As we celebrate this auspicious occasion and International Women's Day, we extend our best wishes and heartfelt gratitude to Mrs. Bharti Madhok. May her passion, dedication, and leadership continue to inspire us all, empowering future generations to reach greater heights. More power to her as she continues to illuminate the path of education and empowerment!



## **\*Exciting Adventures Unfold at Rocksport Adventure Camp!\***

The Rocksport Adventure camp brought boundless joy to students from classes 1 to 8 of Sunbeam Varuna, Sunbeam Sarnath, and Sunbeam International Varuna, held at the enchanting Colosseum, our open auditorium. The day kicked off with mentors enlightening participants about the day's activities, along with the necessary rules and regulations. With groups formed, a plethora of engaging activities ensued, fostering teamwork and camaraderie amongst the students. Midway through the session, everyone indulged in delicious snacks, shared among students, teachers, and instructors alike, replenishing their energy for more fun-filled adventures. As the day drew to a close, the activities wrapped up with spirited zig-zag songs, filling the air with laughter and joy. The day culminated in a heartwarming group photography session, capturing the unforgettable moments shared by all.



## **\*Vice Principal Ms. Manju Rai Explores Leadership and Pedagogy at Shiv Nadar School\***

**Our esteemed Vice Principal, Ms. Manju Rai, embarked on a transformative journey at the renowned Shiv Nadar School, Noida, to delve into the intricacies of effective leadership and 21st-century pedagogy for GenZ learners. During her enlightening two-day visit, Ms. Rai immersed herself in the exploration of the significance of good leadership, emphasizing the importance of providing students with the freedom and skills to think critically. She also delved into the art of crafting pedagogical approaches tailored to the dynamic needs of today's learners. We eagerly anticipate the integration of Ms. Rai's enriched experiences and newfound knowledge into our educational ecosystem, as we strive to nurture future-ready individuals equipped with the tools for success.**





## \*Expert Session on CPR and First-Aid Procedures Conducted at Sunbeam Varuna\*

Today, Sunbeam Varuna had the privilege of hosting a crucial session on CPR (Cardiopulmonary Resuscitation) and essential first-aid procedures, facilitated by the esteemed Dr. Karmraj Singh, a renowned Orthopaedician hailing from Varanasi. The session, tailored for our teaching faculty and support staff members, proved to be invaluable as Dr. Singh and his team provided a live demonstration, equipping all participants with life-saving techniques. The informative audio-visual presentation offered by the experts added depth and clarity to the subject matter. Sunbeam Varuna extends its heartfelt gratitude to Dr. Karmraj Singh and his entire team for their dedication and commitment to imparting essential skills that can potentially save lives in times of emergency.



## Celebrating Success\*

Commencing with a shout out to our outstanding team for their remarkable contributions. Dikshant Srivastava, from Sunbeam Varuna (School & Hostel), has emerged victorious in the Social Science Quiz, amongst competitors from 1162 schools and 3424 students Nationwide! In the prestigious Mind Wars initiative by ZEE, dedicated to making India smarter, Dikshant's triumph shines bright! Congratulations, Dikshant, on this phenomenal achievement! Your hard work and passion for learning inspire us all.

**MiNd WaRs**  
an initiative by ZEE

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**Achievement Galore**

**Congratulations!!**  
to the  
**MIND WARS NATIONAL CHAMPIONSHIP 2024**

**DIKSHANT SRIVASTAVA**  
Class VII