



Making Waves...

A chronicle by Sunbeam Varuna



**Sunbeam
VARUNA**
School & Hostel
Varanasi

December Edition



Dear Sunbeam Varuna Family,

In the realm of education, where the mind is not a vessel to be filled but a flame waiting to be ignited, I extend my deepest gratitude to the devoted staff and students of Sunbeam School Varuna. Across all faculties, their commitment to diverse means of expression has created an enriching atmosphere where ideas flourish, and learning becomes a profound journey.

A Symphony of Ideas:

As we traverse the intricate journey of learning, the paramount role of expressing thoughts comes to the forefront. It is a harmonious symphony where every note begins with a spark of an idea. My

appreciation resonates with the vibrant community that nurtures an environment promoting the free flow of ideas, inspiring minds to explore and articulate their unique perspectives.

Beyond Classroom Confines:

Just as our nurturing mother earth abundantly provides, learning at Sunbeam goes beyond the traditional confines of schools and colleges. It is a lifelong process intricately woven into the fabric of shaping each child comprehensively. Our school is not merely an institution; it is a dynamic space fostering intellectual, emotional, and social growth.

Adapting to the Winds of Change:

In the face of dynamic shifts in our world, Sunbeam School Varuna stands as a beacon of adaptability. We gracefully embrace change, adjusting our methods to align with the evolving educational landscape. At the heart of our endeavors lies the holistic formation of a child, driven by a shared vision, responsibility, and, above all, love and faith in our common goals.

Reflection on Educational Philosophy:

Amidst the ever-changing milieu, it is imperative for educators to pause and reflect on the essence of the educational system. Sunbeam Varuna School & Hostel, guided by foresight, ensures a well-balanced curriculum that transcends mere technological advancements. Our commitment extends to instilling moral values and principles, fostering character development alongside academic excellence.

Guiding with Purpose:

We take immense pride in our role as nurturers, guiding students to evolve into conscientious and compassionate citizens. Beyond academic achievements, our focus is on preparing them to navigate life's challenges with resilience, integrity, and a profound sense of purpose.

As we continue this journey of cultivating brilliance and compassion, let us celebrate the values that define Sunbeam School Varuna. May our school always be a beacon of inspiration, where every learner discovers the joy and depth of lifelong learning.

Principal

Dr. Anupama Mishra

Empowering Minds and Unveiling Potential

Day 1 Highlights of DFC I Can Global Summit 2023

In an extraordinary kick-off to the DFC I Can Global Summit 2023, Day-1 witnessed a fusion of cultures, inspiring stories, and transformative experiences.

Registration Ceremony Sparks Cultural Exchange: The mega event commenced with a vibrant registration ceremony, creating an atmosphere for students and adults to connect, mingle, and interact with counterparts from diverse countries and backgrounds. This marked the beginning of a global journey towards empowerment.

Culmination Ceremony - A Symphony of Cultures: The culmination ceremony unfolded with spectacular performances of traditional Gujarati dance, infused with an international twist. As students cheered and proudly declared "I can" upon hearing their names, the essence of different countries came alive on the stage.

Chess Grandmaster Vishwanath Anand Shares Inspirational Journey: Renowned chess grandmaster, Mr. Vishwanath Anand, took center stage to share his captivating story of change. Students were captivated as Anand spoke about his experiences, emphasizing success and humility. Following this, teachers were treated to an exclusive master class with the chess legend.

Student Workshop: Unleashing the Power of Self-Discovery: Simultaneously, students embarked on an incredible journey of self-discovery during an engaging workshop. With creativity flowing, they translated their personal revelations into the form of superheroes on paper, a testament to the potential within each individual.

BTC Session - Children Leading Change: The day reached its zenith with a mesmerizing Beyond the Classroom (BTC) session. Children, fueled by the belief that they could make a difference, shared stories of change and innovation. Their beautiful minds echoed with excitement and passion, showcasing the real impact of empowerment.



Kiran Bir Sethi's Insightful Session and Book Release: The summit also featured an enlightening session by Kiran Bir Sethi, who highlighted the incredible capabilities of young minds. The occasion was further celebrated with the release of her book, "Every Child Can," underlining the importance of acknowledging and nurturing the potential of the youth.

Day-1 of the DFC I Can Global Summit 2023 set the stage for an incredible journey of empowerment, collaboration, and realization, laying the foundation for the days to come. Stay tuned for more updates as the summit unfolds its myriad facets of inspiration and transformation.

The event was adorned with hashtags that echoed its significance: #DFC2023 #globalsubmit #SunbeamVaruna #sunbeamvaruna_schoolofeminence #sunbeam_varuna_redefining_education #sunbeamvaruna_no1residentialanddayschool_inup.



Date : 1st December 2024
Students Name : Vivaan Rajdaan, Aditi Anand, Ayush Kumar

Sunbeam Varuna Students Shine Bright in CBSE Science Exhibition!

Dear Sunbeam Varuna Community,

We are thrilled to share a moment of immense pride and joy as we announce the remarkable achievement of Vedansh Pandey (IX G) and Kshitij Kumar Singh (IX G), whose outstanding Science model has been selected for the National level in the CBSE Science Exhibition.

Celebrating Excellence:

In a true testament to the caliber and ingenuity of our students, Vedansh and Kshitij have demonstrated exceptional talent and dedication. Their Science model not only impressed the judges but also secured a coveted spot at the national level, a testament to their hard work and innovative thinking.

Congratulations to the Team:

We extend our heartfelt congratulations to Vedansh Pandey and Kshitij Kumar Singh for this outstanding accomplishment. Your commitment to excellence has brought honor to Sunbeam Varuna, and we are immensely proud of your achievement.

Acknowledging Mentorship:

Behind every success story, there are dedicated mentors. We extend our gratitude to Ms. Pratiksha Sahu and Mr. Manoj Palne for their guidance and support. Your commitment to nurturing talent and fostering a spirit of inquiry has played a crucial role in this accomplishment.

Looking Ahead:

As we celebrate this achievement, let it inspire all our students to dream big, work hard, and embrace the spirit of inquiry. Sunbeam Varuna is not just a school; it's a community that nurtures excellence and encourages innovation.

Once again, congratulations to Vedansh Pandey, Kshitij Kumar Singh, Ms. Pratiksha Sahu, and Mr. Manoj Palne for this outstanding accomplishment. We look forward to seeing more such moments of brilliance from our talented students.

#ProudMoment #AchievementUnlocked:

This achievement is not just a win for the individuals involved but also a proud moment for the entire Sunbeam Varuna family. Let's celebrate this remarkable achievement on social media with hashtags: #proudmoment #achivement #sciencemodel #SunbeamVaruna #sunbeam_varuna_redefining_education

#sunbeamvaruna_no1residentialanddayschool_inup #sunbeamvaruna_schoolofeminence



Date : 1st-3rd December 2024

Students Name : Vedansh Pandey and Kshitij Kumar Singh

Sunbeam Varuna Triumphs at Know for Sure Quiz 2023!

Dear Sunbeam Varuna Family,
We are delighted to share hilarating news from the world quizzing as Rudra Pratap Singh (8E) and Kaustubh Singh (8E) from Sunbeam School, Varuna, topped the prestigious First runner-up trophy at the Know for Sure Quiz 2023. The event unfolded at St. Atulanand, Coimbatore, and the quiz was conducted by the esteemed Mr. Ash Banerjee.



Date : 4th December 2024

Students Name : Rudra Pratap Singh and Kaustubh Singh

A Triumph of Knowledge:

Rudra Pratap and Kaustubh showcased their exceptional quizzing prowess, navigating

rough challenging questions with finesse. Their stellar performance not only brought glory to Sunbeam Varuna but also solidified our standing in the quizzing community.

Congratulations to the Champions:

We extend our warmest congratulations to Rudra Pratap Singh and Kaustubh Singh for their outstanding achievement. Your dedication to knowledge and quick thinking has made us immensely proud. Your success is a testament to the academic excellence fostered at Sunbeam Varuna.

Acknowledging Mentorship:

Behind every triumphant moment, there is guidance and mentorship. We express our gratitude to Mr. Shivam Maurya for his commitment and guidance in shaping the intellectual prowess of Rudra Pratap and Kaustubh. Your efforts have truly made a lasting impact.

Let's celebrate this triumph on social media with hashtags: #quiz #achievements #runnersup #SunbeamVaruna #sunbeam_varuna_redefining_education

#sunbeamvaruna_no1residentialanddayschool_inup #sunbeamvaruna_schoolofeminence

Inspiration for Future Challenges:

As we celebrate this success, let it inspire all our students to explore their curiosity, expand their knowledge, and embrace challenges. Sunbeam Varuna continues to be a hub of excellence and achievement.

Once again, heartfelt congratulations to Rudra Pratap Singh, Kaustubh Singh, and Mr. Shivam Maurya for this remarkable accomplishment. We eagerly look forward to more victories and moments of brilliance from our students.

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Empowering Minds Through Debate Inter-House Hindi Debate at Sunbeam Varuna

Dear Sunbeam Varuna Community,

We are pleased to share a glimpse of the insightful Inter-House Hindi debate held recently, addressing the compelling topic, कृत्रिम बुद्धिमत्ता: कितनी उपयोगी कितनी हानिकारक (Artificial Intelligence: How Useful, How Harmful). The event witnessed active participation and thoughtful discussions by students from classes VII and VIII.

Human Intelligence and Artificial Intelligence - A Symbiotic Relationship:

The debate echoed a sentiment that resonates with our philosophy at Sunbeam Varuna - that artificial intelligence is not a substitute for human intelligence but rather a powerful tool to amplify human creativity and ingenuity. The participants delved into the nuances of this symbiotic relationship, exploring the limitless possibilities it presents.

Winners and Recognition: We extend our congratulations to Joy House for securing the First Prize in the debate, showcasing commendable research and eloquence. Hope House claimed the Second Prize, presenting a strong counter-perspective. Dr. Sujata Pandey (TGT) expertly judged the event, providing valuable feedback to the participants.

Acknowledging Excellence: Vice Principal Mrs. Manju Rai honored the participants with certificates, acknowledging their dedication and effort. We appreciate the commitment of our Academic Head, Mr. Vinit Mishra, who shared a thought-provoking message: "The machine does not control us, We control the machine. Ad we must use it wisely."

A Positive Learning Experience: The Inter-House Hindi debate proved to be a valuable and enriching experience for all involved. It fostered critical thinking, eloquence, and an understanding of the intricate relationship between artificial intelligence and human intelligence.

As we continue our journey towards educational excellence, let us embrace the power of informed discussions and encourage our students to think critically about the evolving landscape of technology.

#DebateExcellence #LearningJourney: Let's celebrate the success of our students on social media using hashtags: #debate #interhouse #competition #LearningJourney #EducationExcellence #SunbeamVaruna #sunbeam_varuna_redefining_education #sunbeamvaruna_no1residentialanddayschool_inup



Date : 4th December 2024

Students Name : Dhairya Kohli, Kritika Sinha, Prashasti, Atharv Tandon, Avishkha Shree Kashyap, Nityant Prakash, Gautami Singh, Pratishtha Singh, Drishya Singh, Anvvesha Raghuvanshi, Kirtana Sinha, Jannat Khan

Sunbeam Choir Enthralls Audiences with 'Orchestra Sur Pravah' at Kabira Mahindra Festival 23!

Dear Sunbeam Varuna Family,

We are excited to share the news of a spellbinding performance by our school choir, titled 'Orchestra Sur Pravah,' at the prestigious Kabira Mahindra Festival 23. The choir's rendition was a celebration of diverse musical influences, capturing the essence of Varanasi and the spirit of Kabir's verses.

A Journey of Melodies:

Commencing with the sacred vibrations of "Om Mani Padme Hum," the six-syllabled Sanskrit mantra associated with the compassionate

Avalokiteshvara, the choir embarked on a musical journey that resonated with the soul of Varanasi. The emotive performance continued with 'Zinda Shahar Banaras Hun,' a melodic portrayal of the city's spiritual and cultural richness. The evening reached its crescendo with a mesmerizing jugalbandi, leaving the audience in awe.

A Fusion of Culture and Music:

'Orchestra Sur Pravah' was not just a performance; it was a fusion of diverse musical traditions, seamlessly blending spiritual chants, folk melodies, and classical jugalbandi. The choir's presentation captured the essence of Kabira Mahindra Festival, emphasizing the universality of Kabir's timeless verses.

Celebrating Musical Diversity:

As we celebrate the success of our school choir, let this be a reminder of the rich cultural tapestry we weave at Sunbeam Varuna. Our students, through their artistry and dedication, have once again showcased the brilliance that emanates from our vibrant school community.

Thank you to all those who made this performance a reality, and to the audience for joining us in this musical celebration.

#MahindraKabiraFestival #RomRomMeinKabir #KabirInEverySense:

Let's join the chorus of celebration on social media with hashtags: #MahindraKabiraFestival #RomRomMeinKabir #KabirInEverySense #FolkMusic #FolkMusicFestival #IndianMusic #IndianMusicFestival #IndianFolkFest #KabirStories #FestivalsInIndia #UpcomingFestivals #UpcomingMusicFestivals



Date : 15th & 17th December 2024

Sunbeam Varuna Shines Bright at the 4th District Gymnastics Aerobics Championship 2023!

Dear Sunbeam Varuna Community,

We are delighted to share news that resonates with pride and accomplishment. The students of Sunbeam Varuna, both from the school and hostel, made headlines at the 4th District Gymnastics Aerobics Championship 2023 held at Vasant Kanya Mahavidyalaya.

Gymnastic Brilliance on Display:

Our young gymnasts showcased exceptional skills and determination at the championship, leaving an indelible mark on the competition. The event, held at Vasant Kanya Mahavidyalaya, became a stage where our students illuminated the newspaper headlines with their outstanding performances.

Aerobics Excellence Takes Center Stage:

The 4th District Gymnastics Aerobics Championship saw our students not only participate but excel in the aerobics category. Their dedication, discipline, and hard work were evident in every routine, reflecting the high standards of athleticism instilled at Sunbeam Varuna.

Shining Bright:

This achievement is a testament to the talent and commitment of our students, and it reflects the culture of excellence that defines Sunbeam Varuna. The championship not only provided a platform for healthy competition but also showcased the spirit of sportsmanship ingrained in our students.

A Collective Success:

We extend our sincere appreciation to the students for their hard work, dedication, and exemplary performances. Additionally, we acknowledge the support and guidance provided by our coaches and mentors who played a crucial role in shaping these athletes.

Looking Forward:

As we bask in the glory of this achievement, we look forward to more opportunities for our students to showcase their talents and make us proud. Sunbeam Varuna continues to be a nurturing ground for holistic development, and the success at the Gymnastics Aerobics Championship is a shining example.

#NewsHeadlines #Gymnastics

#Aerobics:

Let's celebrate this proud moment on social media with hashtags:

#NewsHeadlines #Gymnastics

#Aerobics #ProudMoment

#SunbeamVaruna

#sunbeamvaruna_no1residentialandd
yschool_inup.



Team Varuna bagged Overall Championship trophy ..along with Team Champion Trophy in Under 14 group- Total Medal Tally-

Date: 15th & 16th December 2023

22 Gold medal

09 Silver Medal

05 Bronze Medal

In under 14 girls Group Event

1. Yasvi 2. Adya 3. Kritika 4. Akshita 5. Manshi 6. Rishit.

In under 17 Mix Pair Event.

1. Prarthana 2. Ishita
1. Devansh 2. Raghuraj

In under 17 girls Trio Event.

1. Harshita 2. Aatifa 3. Shiya

In under 14 Trio event

1. Naishadha 2. Sanvi 3. Srinika

In under 14 mix pair group

1. Alok Raj 2. Rishit Singh

In under 11 mix pair group

1. Ditya 2. Sarvika

In under 6 girl individual category

1. Priyanshi

In under 8 girls individual category

1. Janhvi

In under 10 boys individual Category

1. Arpit Singh 2. Vaibhav

In under 10 girls individual Category

1. Ditya 2. Sharvika

In under 12 girls individual category

1. Naishadha 2. Srinika

In under 12 boys individual Category

1. Alok Raj

In under 14 boys individual Category

1. Vaibhav

In under 14 girls individual Category

1. Yashvi 2. Akshita

In under 17 boys individual Category

1. Devansh 2. Raghuraj

In under 17 girls individual category

1. Ishita kushwaha

Unveiling the Magic of Science - A Captivating Session by Ms. Meera Verma at Sunbeam Varuna!

Dear Sunbeam Varuna Community,

We are thrilled to share the excitement and wonder that unfolded during an exhilarating session conducted by Ms. Meera Verma, a multi-talented artist, entertainer, and entrepreneur. The session was a blend of magic and science, leaving our students enchanted and inspired.

Awe-Inspiring Experiments and Demonstrations:

Ms. Meera Verma's session took our students on a journey of discovery as they witnessed the magic of science unfold right before their eyes. From pressure power experiments to flower freezing activities, magic with balloons, and instant ice cream making, every moment was filled with awe and excitement.

Learning Through Play:

The session was designed not only to educate but also to entertain, making learning a delightful experience for the children. Each experiment served as a hands-on learning opportunity, allowing students to explore scientific concepts in a fun and interactive way.

Mesmerizing Blend of Entertainment and Education:

Ms. Meera Verma's session was not just a series of experiments; it was a mesmerizing blend of entertainment and education. The students were captivated by mind-boggling demonstrations and hands-on activities that brought science to life in the most enchanting way.

A Show Filled with Wonder:

From the gasps of amazement to the wide-eyed expressions of curiosity, every student was immersed in a show filled with wonder. Ms. Meera Verma's engaging presentation style and interactive experiments created an atmosphere of joy and enthusiasm.

Gratitude and Excitement:

We extend our heartfelt gratitude to Ms. Meera Verma for sharing her expertise and making science come alive for our students. This session was a testament to our commitment to redefining education and creating an environment where learning is not just informative but also incredibly enjoyable.

As we continue to nurture curiosity and exploration, we look forward to more such engaging sessions that make education an exciting adventure for our students.

#MagicofScience #Activities

#LearningThroughPlay:

Let's celebrate the magic of science and the joy of learning on social media with hashtags:

#MagicofScience #Activities

#LearningThroughPlay #SunbeamVaruna

#sunbeamvaruna_no1residentialanddayschool_in_up

#sunbeam_varuna_redefining_education

#sunbeamvaruna_schoolofeminence.

Date : 26th December 2024

